

CANDIDATE BIOGRAPHY



Dr Ingrid CARTER

USA

Nominated by USA Boxing to the position of World Boxing Medical and Anti-Doping Committee.

PROFILE

Dr Ingrid Carter is a board-certified Emergency Medicine and Sports Medicine physician with extensive clinical experience in trauma care, emergency medicine and elite sport. She currently serves as a World Boxing Ringside Physician and member of the World Boxing Medical Committee, as well as a member of the USA Boxing and Pan American Boxing Confederation Medical Committees.

EXPERIENCE

Dr Carter began working in boxing in 2017 as a USA Boxing Ringside Physician and has since provided medical coverage at local, national and international competitions. Her experience includes managing acute injuries, concussion, medical emergencies and return-to-sport decisions, giving her practical insight into athlete safety and ringside medical care. She became a World Boxing Ringside Physician in 2023.

Beyond boxing, she has worked as a team physician across collegiate sport, including American football, basketball, baseball, rowing, swimming, soccer and athletics. Her wider event experience includes international multi-sport competitions, professional tennis, wrestling events and the Chicago Marathon. She has also been involved in medical planning and risk management at major events, including the 2025 Islamic Solidarity Games.

Her work within boxing's medical structures has focused on athlete welfare, concussion management, injury prevention, competition safety and the development of practical, evidence-based medical standards. She has also emphasised medical education and consistent decision-making across federations with different levels of resources and infrastructure.

PRIORITIES

As a candidate for Chair of the Medical and Anti-Doping Committee, Dr Carter has identified strengthening concussion and injury protocols, physician education, anti-doping initiatives, medical preparedness and athlete welfare as priorities. She has also proposed further development of World Boxing's medical handbook, medical-provider certification and electronic medical records.

Dr Carter's stated objective is to help establish consistent global medical standards that protect athletes, support Member Federations and ensure boxer health, safety and fair competition remain central to World Boxing's development.