
Candidature nomination form - sections 5, 6, 7, 8 and 9

Section 5 –Qualifications and professional background

This section asks about your qualifications and professional background.

Your answers will help Members assess your knowledge, skills and experience and how they support your ability to perform this role.

List your relevant qualifications

As a Board-Certified Emergency Medicine and Sports Medicine Physician with more than 15 years of clinical experience, I have worked in high-volume trauma centers, emergency departments, and elite sport environments where rapid decision-making, risk management, and athlete welfare are paramount. My experience managing acute injuries, concussions, medical emergencies, and return-to-sport decisions provides a strong foundation for developing evidence-based medical policies that protect athletes at all levels of competition.

Through my service as a Ringside Physician for USA Boxing and World Boxing, and as a member of the USA Boxing, Pan American Boxing Confederation, and World Boxing Medical Committees, I have gained firsthand insight into the needs of both boxers and member federations worldwide.

As Chair, I will advocate for practical, science-based medical and anti-doping programs that prioritize athlete safety, support clean sport, and can be effectively implemented across federations of all sizes. My goal is to strengthen concussion management, injury prevention, medical education, and athlete health initiatives while ensuring federations have the resources and support necessary to meet World Boxing's standards. By fostering collaboration and sharing best practices, I will work to protect our athletes, strengthen our federations, and enhance the integrity and credibility of boxing globally. I have been a certified practicing clinician for two decades. I have my certification to work as a ringside physician nationally as well as internationally since 2017 and 2022 respectively.

List any governance or board training.

I began my boxing journey in 2017 as a USA Boxing Ringside Physician, combining my background as a Board-Certified Emergency Medicine and Sports Medicine Physician with a passion for athlete safety. Working directly with boxers at national competitions gave me firsthand experience managing injuries, concussions, and medical emergencies while ensuring athletes could compete as safely as possible. My commitment to the sport led to service on the USA Boxing Medical Committee, where I helped support discussions and initiatives focused on athlete welfare, medical standards, and safety protocols. As my involvement grew internationally, I was honored to join the Pan American Boxing Confederation Medical Committee, working with colleagues across the region to promote consistent medical practices and improve athlete care.

In 2023, I became a World Boxing Ringside Physician and joined the World Boxing Medical Committee, allowing me to contribute to athlete safety efforts on the global stage. Through these roles, I have worked alongside athletes, coaches, officials, and medical professionals from around the world to advance evidence-based medical standards, strengthen concussion management and injury prevention, and support the long-term health of boxers.

These experiences have given me a unique perspective on the needs of both athletes and federations and have reinforced my commitment to ensuring that boxer safety, medical excellence, and fair competition remain at the heart of our sport. As part of my ongoing commitment to my profession, I participate in continuing medical education in sports medicine annually.

List any professional memberships or licences.

Multiple state licenses: Florida, Georgia, Texas, Missouri, Illinois, South Carolina, Ohio, Kentucky, Nevada

Explain how your background will help you in this role.

As a licensed physician in emergency medicine and an academic sports medicine physician, I will be able to facilitate training additional physicians for ringside coverage and evacuation of a down boxer; along with developing protocols for best practice management ringside, allowing for consistent real time ringside decision making.

Section 6 –Boxing and sport experience

This section asks about your experience in boxing and insport. Your answers will help Members assess your knowledge of the sport and how your experience supports your ability to contribute to WorldBoxing.

Your experience in boxing

My experience as a member of the World Boxing Medical Committee, combined with my service as a Ringside Physician at local, national, and international boxing events, has provided me with a unique understanding of both the strategic and operational aspects of athlete safety.

Through my work on the World Boxing Medical Committee, I have contributed to discussions on athlete welfare, medical governance, competition safety, and the development of standards that impact boxers and federations worldwide. This experience has given me valuable insight into the diverse needs of member federations and the importance of creating medical policies that are evidence-based, practical, and globally applicable.

My event experience allows me to see firsthand how medical standards are implemented in real competition environments. I understand the planning, personnel, resources, and decision-making required to safely manage boxing events and protect athletes at every level of the sport.

This combination of committee leadership and frontline medical experience positions me well to serve as Chair. I understand both the policy and implementation sides of athlete safety and can help World Boxing strengthen medical standards, support its member federations, advance clean sport, and ensure that boxer health and welfare remain at the center of every decision. My goal is to help build a consistent global framework that enhances safety, improves medical preparedness, and supports the continued growth and credibility of boxing worldwide.

Your experience in sport

I have experience in various sports due to my time as a team physician for a Division 1 and 2 university covering all sports including American football, basketball, baseball, rowing, swimming, soccer, track and field . I have worked mass events such as the Chicago marathon as well as multi-sport games. I have worked professional tennis tournaments. I have worked with Olympic wrestling athletes in World tournaments. I achieved my certification to work as a Cut woman and worked my first Cage Warriors tournament in February 2026.

Your knowledge of international sport.

My knowledge of international sport has been developed through firsthand experience providing medical care at international competitions and working with athletes, coaches, officials, and medical professionals from diverse sporting and cultural backgrounds. I have served as a World Boxing Ringside Physician and member of the World Boxing Medical Committee, as well as a member of the Pan American Boxing Confederation Medical Committee, giving me direct exposure to the medical and operational challenges facing federations across different regions.

In addition to boxing, I have provided medical coverage for multi-sport games internationally. My broader sports medicine experience includes caring for athletes across a variety of sports such as wrestling, volleyball and basketball to name a few, allowing me to understand how different organizations approach athlete welfare, injury prevention, medical governance, and event safety.

These experiences have given me a global perspective on the resources, planning, and collaboration required to safely support athletes and deliver successful competitions. They have also reinforced my belief that medical standards must be evidence-based, athlete-centered, and practical for federations to implement. This perspective enables me to contribute effectively to the development of policies that protect athlete health, support fair competition, and strengthen the sport worldwide.

Your experience at events

My experience as a member of the World Boxing Medical Committee, combined with my work as a Ringside Physician at local, national, and international boxing events, has given me a unique perspective on the medical challenges and opportunities facing our sport globally.

Through my service on the World Boxing Medical Committee, I have been directly involved in discussions surrounding athlete safety, medical governance, competition standards, and the development of policies that impact boxers and federations worldwide. This experience has provided valuable insight into the diverse needs of member federations and the importance of creating medical standards that are both

evidence-based and practical to implement across different regions and resource levels. My experience working at boxing events since 2017 has allowed me to see firsthand how these policies translate into real-world competition environments. I understand the resources, planning, and medical expertise required to safely deliver events and protect athletes before, during, and after competition. This combination of committee-level governance experience and frontline event medicine positions me well to lead the Medical and Anti-Doping Committee. I understand both the strategic and operational aspects of athlete safety and can help ensure that World Boxing continues to strengthen medical standards, support its member federations, promote clean sport, and keep boxer welfare at the center of every decision. My goal is to help build a consistent global framework that enhances safety, improves medical preparedness, and supports the continued growth and credibility of boxing worldwide.

Explain how this experience helps you in this role.

My experience as a member of the World Boxing Medical Committee, combined with my service as a Ringside Physician at local, national, and international boxing events, has provided me with a unique understanding of both the strategic and operational aspects of athlete safety. Through my work on the World Boxing Medical Committee, I have contributed to discussions on athlete welfare, medical governance, competition safety, and the development of standards that impact boxers and federations worldwide. This experience has given me valuable insight into the diverse needs of member federations and the importance of creating medical policies that are evidence-based, practical, and globally applicable. My event experience allows me to see firsthand how medical standards are implemented in real competition environments. I understand the planning, personnel, resources, and decision-making required to safely manage boxing events and protect athletes at every level of the sport. This combination of committee leadership and frontline medical experience positions me well to serve as Chair. I understand both the policy and implementation sides of athlete safety and can help World Boxing strengthen medical standards, support its member federations, advance clean sport, and ensure that boxer health and welfare remain at the center of every decision. My goal is to help build a consistent global framework that enhances safety, improves medical preparedness, and supports the continued growth and credibility of boxing worldwide.

Section 7 –Governance experience and capability

Good governance is important to ensure that World Boxing is well managed, makes sound decisions and acts in the best interests of the sport. The questions below help show your experience and ability to contribute to this.

List your board or committee roles including with World Boxing

I currently serve as a Member of the World Boxing Medical Committee and as a World Boxing Ringside Physician. I am also a Member of the Pan American Boxing Confederation Medical Committee and the USA Boxing Medical Committee, while serving as a USA Boxing Ringside Physician. As a Board-Certified Emergency Medicine and Sports Medicine Physician, these roles, combined with my experience providing medical coverage across collegiate, international, and elite sporting events, have given me a firsthand understanding of athlete safety, medical governance, concussion management, and the practical needs of federations. This perspective allows me to contribute effectively to the development of evidence-based policies that protect athlete health and support the continued growth of boxing worldwide.

Areas of knowledge or expertise (tick as many as apply or None)

acute care management of orthopedic and trauma related injuries

Give examples of your governance work if applicable, including a difficult decision you have had to deal with:

Governance example 1

My experience in international sport has been shaped by both frontline event medicine and medical leadership within boxing's global governance structure. As a member of the World Boxing Medical Committee, the Pan American Boxing Confederation Medical Committee, and a World Boxing Ringside

Physician, I have worked closely with athletes, coaches, officials, and federations to promote athlete welfare, competition safety, and the consistent application of medical standards across diverse sporting environments.

A particularly significant example of this experience was my role at the 2025 Islamic Solidarity Games, where the original competition venue was determined to be unsuitable from a safety perspective. I was actively involved in evaluating and preparing an alternative venue, ensuring that the facility met the medical and operational requirements necessary to safely host the event. This included assessing medical risks, coordinating appropriate emergency medical staffing, confirming the availability of critical medical equipment and supplies, and assisting with the development and mapping of evacuation routes for the safe conclusion of the event. This experience reinforced the importance of proactive planning, risk assessment, and collaboration among medical teams, organizers, and sporting stakeholders to protect athletes and spectators alike.

Combined with my experience providing medical coverage at international competitions, including boxing events and the CARIFTA Games, I have developed a strong understanding of the challenges faced by federations with varying levels of resources and infrastructure. I have seen firsthand that successful medical programs require more than policies alone—they require practical implementation, education, preparation, and ongoing support.

If elected Chair of the World Boxing Medical and Anti-Doping Committee, I will bring both governance experience and real-world operational expertise. My service on the World Boxing and Pan American Boxing medical committees has provided me with a global perspective on athlete health and safety, while my experience working directly at competitions has given me firsthand insight into what is needed to safely deliver events. I am committed to advancing evidence-based medical standards, strengthening concussion and injury prevention programs, supporting effective anti-doping practices, and ensuring that athlete welfare remains at the center of every decision.

My goal is to help World Boxing continue building a culture where safe competition, athlete health, and fair play are shared priorities across all member federations, ensuring that every boxer—regardless of nation or level of competition—has the opportunity to compete in the safest possible environment.

Governance example 2

During the COVID-19 pandemic, I was called upon at the last minute to join the medical team for a multi-sport event, where there was no established protocol for managing COVID-positive athletes and support staff. I quickly stepped into a leadership role, developing and implementing processes for evaluation, treatment, isolation, and medical clearance to help ensure the health and safety of all participants while allowing the event to continue safely.

When a participant required hospitalization, I coordinated emergency medical services, accompanied the individual to the hospital, and helped facilitate their admission and ongoing care. This experience reinforced the importance of preparation, adaptability, and decisive leadership in protecting athletes during complex and rapidly evolving situations.

As a member of the World Boxing Medical Committee and Pan American Boxing Confederation Medical Committee, experiences such as these have shaped my approach to medical governance. I understand that athlete safety depends not only on sound policies but also on effective implementation, crisis management, and collaboration. I will bring that same commitment to ensuring that World Boxing continues to promote safe competition, protect athlete health, and provide member federations with practical, evidence-based medical guidance that can be applied in real-world environments.

Governance vs Operations

Proper governance requires good operational skills and knowledge. Leadership is not just about experience but the ability to make the difficult decisions for the greater good of a group or organization. It takes trust from others to be relied upon by those that look to you to make their right decision at the right time. Operational skills is not simply the optics that the event was a success, it is the behind the scenes engine and framework that ensures what is seen on the outside is evident from what's inside.

Describe what you think this role involves:

Medical chair should be responsible for assembling the medical committee members to discuss and make medical decisions that affect the global boxing community. The chair should be present to assess the implementation and efficacy of safety protocols. World Boxing needs a chair that will move our sport into the next phase by creating a robust medical handbook, offer continued training modules, and implementing electronic medical record keeping. There is room for growth by involving and listening to all

stakeholders. It is important for the medical chair to work with the other committee members when complex medical issues arise.

Section 8 –Motivation for nomination

This section asks why you are seeking this role and what you would bring to World Boxing. Your answers will help Members assess your motivation, judgement and ability to contribute to the leadership of World Boxing.

Why do you want this role?

I am seeking this role because I want to help continue leading the boxing medical community toward higher standards of athlete safety, medical excellence, and fair competition.

Through my service on the World Boxing Medical Committee, the Pan American Boxing Confederation Medical Committee, and as a World Boxing Ringside Physician, I have gained firsthand insight into the medical challenges and opportunities facing our sport globally. These experiences have reinforced my belief that athlete welfare must remain at the center of every decision.

As Chair, I will focus on advancing evidence-based medical policies, strengthening concussion and injury prevention programs, supporting effective anti-doping initiatives, and providing practical guidance that helps member federations implement high medical standards. My goal is to build on the progress already made by World Boxing and ensure that every boxer, regardless of country or level of competition, has the opportunity to compete in the safest possible environment. Working with our athlete group and other board members will help create an environment in which our sport is able to grow in a positive manner.

What will you contribute?

I will bring a combination of medical expertise, governance experience, and an unwavering commitment to athlete welfare. Through my service on the World Boxing Medical Committee, the Pan American Boxing Confederation Medical Committee, and as a World Boxing Ringside Physician, I have gained firsthand insight into the challenges facing athletes, medical teams, and federations around the world.

My focus will be on strengthening medical governance through clear, evidence-based policies that promote consistency in athlete care and medical decision-making. This includes enhancing standards for concussion management, injury assessment, bout stoppages, return-to-competition protocols, and overall athlete safety.

I am also committed to improving the education and development of ringside physicians and medical personnel. By expanding training opportunities, sharing best practices, and creating more consistent medical frameworks, we can improve decision-making and ensure that athletes receive the highest standard of care regardless of where they compete.

Above all, I will be a strong advocate for the athletes. Every policy and decision should prioritize their immediate safety and long-term health. My goal is to help World Boxing continue to lead the sport forward by strengthening medical standards, supporting member federations, and fostering a culture where athlete welfare, safety, and fair competition remain at the center of everything we do.

What experience or judgement do you bring

I bring nearly two decades of emergency medicine experience, more than a decade of sports medicine experience, and extensive service in boxing as a Ringside Physician and member of the World Boxing Medical Committee, Pan American Boxing Confederation Medical Committee, and USA Boxing Medical Committee.

My career has been dedicated to protecting athletes and making sound medical decisions in high-pressure environments. Through my work in boxing, as well as other sports including American football, basketball, baseball, soccer, rowing, swimming, track and field, professional tennis, and international multi-sport events, I have gained valuable experience in injury prevention, concussion management, emergency preparedness, and athlete care.

As Chair, I would bring both practical ringside experience and governance expertise to help advance evidence-based medical policies, strengthen physician education, and promote greater consistency in critical medical decisions. I am particularly committed to improving athlete safety through enhanced concussion protocols, injury assessment standards, bout-stoppage guidelines, and medical preparedness across all levels of competition.

Most importantly, I will be a strong advocate for athletes. Every policy and decision should prioritize their immediate safety, long-term health, and ability to compete in a fair and well-governed sport. My goal is to

help World Boxing continue setting the highest standard for athlete welfare while providing member federations with the tools, education, and support needed to implement those standards successfully worldwide. I have a network of clinical providers to call upon when needed for difficult decisions.

Section 9 –Candidate statement

This is your principal statement in support of your campaign for election. This will be published as you write it. It will not be edited. You are responsible for its content. If you have used AI tools or other external assistance in preparing this statement, you must disclose this so that Members can make an informed assessment of your candidature. Failure to disclose the use of AI tools, or presenting AI-generated content as your own, may constitute a breach of the World Boxing Code of Ethics and may result in action being taken under the World Boxing Rules and Policies.

Candidate statement

As a relatively new organization, World Boxing has the opportunity to create its own path, build on the expertise and knowledge of what came before and continue to improve. As part of our growth, the medical committee should continue to be held to the highest standard.

I describe boxing as a gritty but finesse sport in which high-level athleticism meets an indomitable mental force!

Our sport is unique because it is typically predicated on physically dominating your opponent. As a combat sport, boxing has a way of holding the observer with excitement with every punch.

Boxing could be considered dangerous by those who are not familiar with the sport, however, those of us in the sport know that numerous measures are taken to make boxing as safe as possible for a combat sport.

We are all responsible for elevating our sport while maintaining its integrity and true spirit. It is important to hear from, as well as educate all of our stakeholders.

More importantly, our boxers should understand that we are here for their care, longevity, and success, not to prevent them from competing.

Through transparency, standards should be created and upheld by all.

Boxing has a strong medical base that I would like to expand with a robust medical handbook, certification process for medical providers as well as support for electronic medical records.

With the new IOC recommendations on sex eligibility, it will be vital to work with other international federations to ensure reliable and affordable testing for all.

Collaboration with our board, athletes and other medical committee members will help to achieve our primary goal of being leaders in Olympic-style boxing on the world stage.

Boxing is an all-encompassing sport. Boxing does not exist without boxers.

Boxers should be the primary focus of every position within World Boxing.

I would be honored to continue to carry the torch as the next Medical Chairperson.