

Lou Kit Long

MAC

Candidate to the positions of:

- World Boxing Executive Board Member
 - World Boxing Sport & Competition Committee Chair
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Candidature nomination form - sections 5, 6, 7, 8 and 9

Section 5 –Qualifications and professional background

This section asks about your qualifications and professional background.

Your answers will help Members assess your knowledge, skills and experience and how they support your ability to perform this role.

List your relevant qualifications

1. Master/ Macau Polytechnic Institute
-Master degree of Physical Education and Sports Studies

2. Bachelor/ Macau Polytechnic Institute
-Bachelor degree of Physical Education

3. Module

Sport Bio mechanics, Educational Psychology, Theories of Training, Theory and Practice in Sport Recreation, Sport Sociology, Sport Management, Sport Biochemistry, Exercise Physiology

List any governance or board training.

International University Sports Involvement

Organizing Committee President of:

2nd Asian University 3x3 Basketball Championship;

2018 FISU World University Wushu Championship;

1st Asian University Karate Championship 2019;

CISCA Chair of 7th Asian University 3x3 Basketball Championship.

Head of Delegation for Team MAC of over 20

International University Sports Championship.

Deputy of HoD for Team MAC of Summer Universiade since 2005.

List any professional memberships or licences.

International

Representative of East Asia, AUSF Executive Committee 2023-2027

Chairman, Asian Boxing Judicial Committee

Vice Chairman, Events & Strategy Committee of Asian Hockey Federation

Macau

Member, Economic Development Council of the Macao SAR Government

Member, Sports Committee of the Macao SAR Government

Member of Youth Committee, Sports Olympic Committee of Macau, China

President, Macau Universitarian Sports Association

Vice President, Federation of Macau China Sports General Associations

President, Rope Skipping General Association of Macao

Vice President, Macao Handball General Association

Vice President, Macao Boxing General Association

Vice President, Macau Table Tennis Association

Treasurer, Macao Swimming General Association

President, Macao Physical Education Teacher Association

Senior Lecturer, Macau Polytechnic University

Women's Basketball Team Coach, City University of Macau

Chairman, Macau Art Performance and Entertainment Culture Association

Domestic

Member, Chinese People's Political Consultative Conference of Lechang City, Shaoguan

Member, Shaanxi Overseas Friendship Association

Member, Overseas Friendship Association of Longgang District, Shenzhen

Member, Lechang Overseas Friendship Association

Member, Nanning (Guangxi) Chamber of Commerce in Hong Kong

Explain how your background will help you in this role.

International University Sports Involvement

Organizing Committee President of:

2nd Asian University 3x3 Basketball Championship;

2018 FISU World University Wushu Championship;

1st Asian University Karate Championship 2019;

CISCA Chair of 7th Asian University 3x3 Basketball Championship.

Head of Delegation for Team MAC of over 20

International University Sports Championship.

Deputy of HoD for Team MAC of Summer

Universiade since 2005.

Section 6 –Boxing and sport experience

This section asks about your experience in boxing and insport. Your answers will help Members assess your knowledge of the sport and how your experience supports your ability to contribute to WorldBoxing.

Your experience in boxing

1. Asian Boxing Judicial Committee, Chairman
2. Macao Boxing General Association -Vice President

Your experience in sport

1. AUSF Executive Committee 2023-2027, Regional Representative
2. AHF Event Strategy & Development Committee, Vice Chairman
3. Economic Development Committee of the Macao SAR Government, Member
4. Sports Commission of the Macao SAR Government, Member
5. Sports Olympic Committee of Macau, China, Member of Youth Committee

6. Macau Universitarian Sports Association -President
7. Federation of Macau China Sports General Associations -Vice President
8. Rope Skipping General Association of Macao -President
9. Macao Handball General Association- Vice President
10. Macau Table Tennis Association-Vice President
11. Macao Swimming General Association -Treasurer
12. Macao Physical Education Teacher Association -President
13. Macau Polytechnic University – Senior Lecturer
14. Macau Polytechnic University Women's Basketball - Head Coach

Your knowledge of international sport.

I have extensive experience organizing numerous international sports events, such as the World Volleyball Competition. This experience can help support boxing development and competition organization.

Your experience at events

Organized / Overall Coordination & Execution of Major Sports Event

- 3x3 Greater Bay Area Tour(2021-2025)
- 2023 Macau Snooker Masters
- Women's Vollerball National Leagu 2024 Macao
- Galaxy Entertainment Macao International Marathon(2023-2024)
- DARTSLIVE OPEN 2024 Macau
- FIBA 3X3 World Tour Macau(2023-2025)
- FIBA 3x3 World Tour Shenzhen(2024-2025)
- The 15th National Games of the People's Republic of China - 3x3 Basketball
- The 15th National Games of the People's Republic of China - Table Tennis
- 13th General Assembly x 4th FISU-AUSF Strategic Dialogue
- The 1st Hengqin Magic Festival
- Guangdong Youth Flag Football Championship
- Women's Volleyball Nations League - Finals Macao 2026

Explain how this experience helps you in this role.

Local University Sports Involvement

Organizing Macau University Championship for over 12 sports every year, dedicated to elevate the University Sports to a higher stage in Macau
Chairperson of Macau University Basketball/ Football/ Futsal/ Volleyball/ Table Tennis/ Badminton/ Tennis/ Judo/ Squash/ Swimming/ Athletic and Fencing Championship every year since 2005

Section 7 –Governance experience and capability

Good governance is important to ensure that World Boxing is well managed, makes sound decisions and acts in the best interests of the sport. The questions below help show your experience and ability to contribute to this.

List your board or committee roles including with World Boxing

1. Asian Boxing Judicial Committee, Chairman
2. Macao Boxing General Association -Vice President
3. AUSF Executive Committee 2023-2027, Regional Representative
4. AHF Event Strategy & Development Committee, Vice Chairman
5. Economic Development Committee of the Macao SAR Government, Member
6. Sports Commission of the Macao SAR Government, Member
7. Sports Olympic Committee of Macau, China, Member of Youth Committee
8. Macau Universitarian Sports Association -President
9. Federation of Macau China Sports General Associations -Vice President
10. Rope Skipping General Association of Macao -President

11. Macao Handball General Association- Vice President
12. Macau Table Tennis Association-Vice President
13. Macao Swimming General Association -Treasurer
14. Macao Physical Education Teacher Association -President
15. Macau Polytechnic University – Senior Lecturer
16. Macau Polytechnic University Women's Basketball - Head Coach

Areas of knowledge or expertise (tick as many as apply or None)

☐ Strategic planning☐ Governance☐ Finance and budgeting☐ Policy development☐ Risk management☐ Operations☐ Communications

Give examples of your governance work if applicable, including a difficult decision you have had to deal with:

Governance example 1

As Vice Chairman of the Macau Boxing Association, I am dedicated to promoting the development of boxing locally. I advance youth training systems, standardise competition operations, and build connections for international boxing exchanges.

During the advancement of various development initiatives, I have faced difficult decisions in balancing limited resources, the demands of athletes, coaches and long-term sustainable development of the sport. I always strive to make impartial, forward-looking decisions that benefit the overall boxing community, uphold fair competition and support the continuous growth of boxing in Macau.

Describe what you think this role involves:

1) Vice Presidents

a. Main responsibilities

Support the President in delivering organisational strategies, oversee boxing development and international exchanges, and act on behalf of the President when required.

b. Work at meetings

Contribute expert opinions on key proposals, take part in policy discussions and help reach practical resolutions.

c. Collaboration with others

Communicate closely with board and committee members, coordinate cross-functional work and respect diverse views.

d. Difficult decisions

Prioritise long-term boxing development, fairness and athlete welfare; make balanced, transparent judgements after listening to all parties.

2) Executive Board Members

a. Main responsibilities

Participate in governance, approve plans and budgets, monitor operations and ensure compliance with rules.

b. Work at meetings

Review reports, debate motions, vote on critical matters and track implementation of agreed actions.

c. Collaboration with others

Maintain open communication, resolve challenges collectively to achieve the organisation's goals.

d. Difficult decisions

Make judgements based on regulations and collective interests; clearly explain the rationale for decisions.

3) Chairs of Sport and Competition Committee

a. Main responsibilities

Lead competition affairs, enforce competition rules, ensure fair play, event safety and consistent referee standards.

b. Work at meetings

Present competition plans, discuss operational issues and propose improvements based on event feedback.

c. Collaboration with others

Liaise with the Executive Board and other committees, gather feedback from athletes, coaches and officials.

d. Difficult decisions

Uphold competition integrity and equal treatment; resolve disputes objectively in line with official regulations.

Section 8 –Motivation for nomination

This section asks why you are seeking this role and what you would bring to World Boxing. Your answers will help Members assess your motivation, judgement and ability to contribute to the leadership of World Boxing.

Why do you want this role?

I wish to be elected the above position because I have a genuine passion for boxing and long-term commitment to growing our boxing community and ensure boxing keeps in Olympic game . I understand the challenges faced by boxing. I will devote my time, energy and experience to safeguard the future of our sport, , cooperate closely with the World Boxing colleagues for boxing's continuous Olympic inclusion. In supporting our athletes to chase their Olympic dreams.

What will you contribute?

Host major World Boxing Championship in Macao , support to grassroots programs—identifying young talent boxers, supporting coaching clinics, and growing development leagues for tomorrow's champions.

What experience or judgement do you bring

As Vice Chairman of the Macau Boxing Association, I possess extensive experience in boxing governance, event organisation, youth athlete development and international sports exchange.

I have rich experience coordinating with coaches, athletes, officials and different sports organisations. I am familiar with competition standards and sports ethics.

In terms of judgement, I always prioritise fair competition, athlete safety and the sustainable development of boxing. I listen to different viewpoints, balance various interests, and make impartial, forward-looking decisions based on rules and the long-term benefits of the sport.

Section 9 –Candidate statement

This is your principal statement in support of your campaign for election. This will be published as you write it. It will not be edited. You are responsible for its content. If you have used AI tools or other external assistance in preparing this statement, you must disclose this so that Members can make an informed assessment of your candidature. Failure to disclose the use of AI tools, or presenting AI-generated content as your own, may constitute a breach of the World Boxing Code of Ethics and may result in action being taken under the World Boxing Rules and Policies.

Candidate statement

Why me? With over 20 years of leadership in sports, event management, and grassroots development, I have the experience to turn words into results., I will fight to make sure your voice is heard and your goals are realized.